

**This Health Walk was created for you by:
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to www.kcqic.org



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

POINTS OF INTEREST:

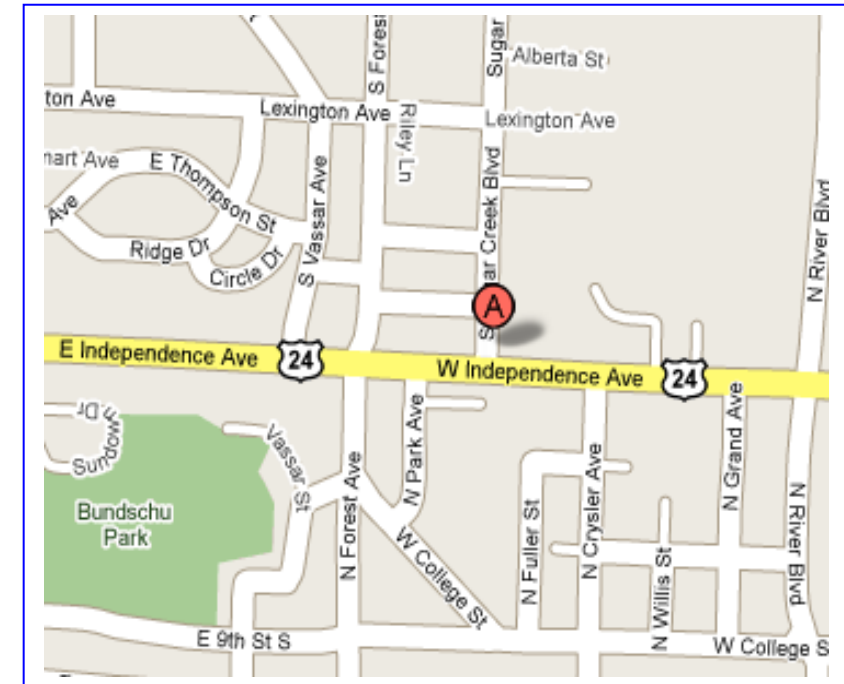
1. Harry S. Truman Museum and Library
2. Vaile Mansion
3. Independence Academy Campus
4. Slover Memorial Park
5. McCoy Park

Truman Library and Vaile Mansion

Independence, Missouri

Length of this Health Walk 1.2 miles
Estimated time to complete: 25 minutes
Walk difficulty:... Level 3

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE
Truman Library and Vaile Mansion
Health Walk

WALK START: Begins in the visitor parking lot of the Harry S. Truman Library and Museum, located at 500 W. Highway 24 in Independence, Missouri.

BY BUS: **Walk** to Grand at 10th NB. Depart On Grand at 10th NB. **Bus** - 24 - Independence - Direction: 24 - Independence/Truman & Noland. Arrive **Walk** to 500 Us 24. (Head east on E White Oak St toward N Noland Rd. Turn left at N Noland Rd. Turn right at E Independence Ave/US-24)

BY CAR: From Kansas City, travel east on W. Highway 24 (also referred to as Independence Ave. and Winner Rd.) to Independence, Missouri.

Prefer SHORT DIRECTIONS? Follow the **BOLD TYPE** and UNDERLINING

Your Health Walk

From its founding in 1827 as the gateway city to the rugged unknown frontier, to its current ranking as the fourth largest city in Missouri; Independence has played an important and sometimes pivotal role in American history. That role can be experienced at the grandly restored Independence mansions, rustic log cabins and stately buildings through the colorful stories that fill their walls. Two of these facilities, located only blocks apart can be experienced on this Health Walk.

Park in the Visitor Parking area on the grounds of the Harry S. Truman Museum and Library, located at 500 W. Highway 24, north of Hwy 24 in Independence, MO. Take in the majesty of the The Harry S. Truman Presidential Museum and Library, which was designed by Gentry and Voscamp and Neild and Somdal of Louisiana. Henry J. Massman and Salvatore Patti companies built it in 1956-57. In 1967 a southern wing for offices was added and the courtyard was enclosed in 1972. A major renovation and expansion was completed in 2001.

Leave the parking lot and turn left onto the driveway located along the right perimeter of the ground, heading toward the bordering residential area, located on W. Mechanic Ave. (not marked as you turn right). Proceed 2 ½ blocks to N. Liberty and turn left. Walk 3 ½ blocks to the grounds of the Vaile Mansion (1500 N Liberty St.), located on your left. The Vaile Mansion was originally built in 1881 as home for Colonel Harvey Vaile and his family, and was considered to be a pinnacle of modernity for the period. According to **Architect** magazine, this ornate 30-room mansion is one of the finest examples of Second-Empire Victorian architecture in the country. The historic home is located just four blocks northeast of the Truman Museum and Library, however many people visiting the Museum and Library are unaware of this nearby treasure. Today, visitors to the residence have the opportunity to tour the 31 rooms, with its colorful ceiling murals, lavish furnishings, hand-painted murals and whimsical detailing, the mansions, nine fireplaces, and its 48,000-bottle wine cellar.

From there, turn left onto N. Jones St. and then left on N. Osage to walk the perimeter of the mansion grounds. Proceed one block to W. 2nd St and turn right. Walk 3 blocks to Mc Coy and turn left. Proceed one block to W. Nickell Ave, and turn right. On your left, you will pass the rear of the grounds for the Independence Academy Campus. Proceed one-half block further to the pedestrian path into Slover Memorial Park, turning left on to the pedestrian path which meanders through the park grounds and end to the far southern end of the park. As you look south across W. Highway 24, take note of McCoy Park located there; this greenway park provides visitors with a comfortable stroll over to the Truman Home district. This is the same path walked by President Truman every day, upon his return to Independence after completing his time in the White House.

As you leave the path, look to your left and you will see the roadway, leading back up the front entrances to the Harry S. Truman Museum and Library. If you choose, you can enter the facilities to experience the eventful and triumphant life of America's 33rd President. The museum's permanent attractions include "Harry S. Truman: The Presidential Years", an exhibit featuring two decision theaters, audio and video programs and artifacts to engage visitors in the issues and events surrounding the Truman Presidency. "Harry S. Truman: His Life and Times", focuses on his pre and post presidency and includes 10 audio visual stations and a children's area. The museum also offers a replica of the Oval Office, an Academy Award winning film by Charles Guggenheim and a gift shop. You can also visit the grave sites of Mr. Truman and his wife Bess located on the grounds. Walk around to the right of the building back the Visitor Parking Lot and your Walk Start.