

**This Health Walk was created for you by:
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to www.kcqic.org



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

POINTS OF INTEREST:

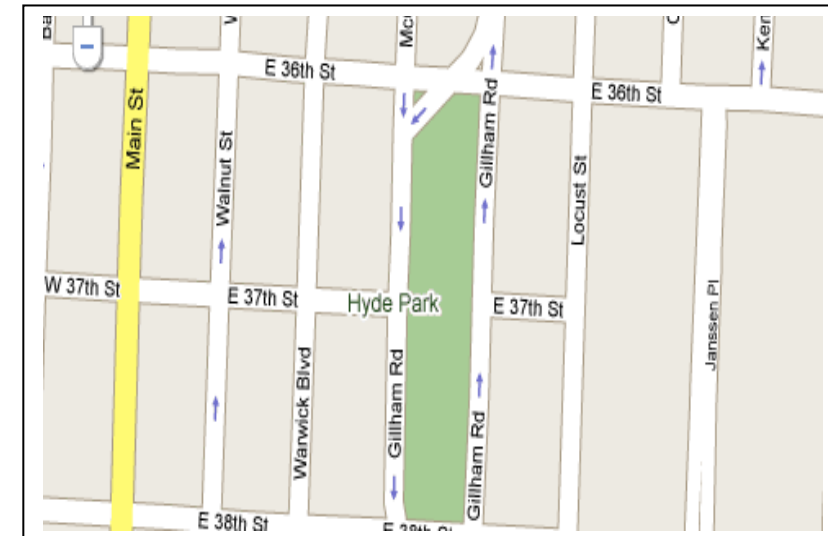
1. Jansen Place
2. Hyde Park Homes
3. Centennial Anniversary
4. Notre Dame de Sion School
5. Boy Scout Memorial Fountain
6. Northern perimeter view of Gilham Park
7. Harrison Parkway
8. Prone Man Sculpture

Hyde Park Health Walk

Kansas City, Kansas

Length of this Health Walk 1.1 miles
Estimated time to complete: 25 minutes
Walk difficulty:... Level 2

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE
Hyde Park Health Walk

WALK START: 36th Street and Jansen Place

BY CAR:

Proceed 2 blocks east on 36th Street from Gilham Road to Jansen Place, turning right onto Jansen place and parking there

Prefer SHORT DIRECTIONS? Follow the **BOLD TYPE** and UNDERLINING

BY BUS:

From downtown, on Walnut N.B @ 10th St Take the number 54/Armour - Paseo. Exit onto Paseo E.B at Cherry St. Proceed 1 blk south to 36th, turn east go ½ block to Jansen Pl.

Your Hyde Park Health Walk

Proceed into the Hyde Park Neighborhood on 36th St. 2 blocks east of Gilham, turning left onto Jansen Place. If arriving by car, park your car along the street, just after entering past the entry markers. Proceed south the two blocks along Jansen Place, passing by the many large residences along Jansen Place. Note the light fixtures along the median parkway. As you arrive at the end of the street, take note of the bench and artwork, dedicated in 1997, to celebrate the centennial anniversary of the neighborhood.

The Hyde Park neighborhood's history begins in the 1880s. Predating the Country Club Plaza, it was the largest single-family housing development in Kansas City at the time. In the early years the area included the Hyde Park Country Club, which hosted tennis, croquet, archery and the area's first 9-hole golf course.

After a slow start due to a real estate crash around 1890, a large number of houses were built in the early 1900s when the market recovered. Strong growth continued throughout the start of the century. Around 1910, an area known as Janssen Place became the home to a group of Kansas City's rich and powerful. It was nicknamed "Lumberman's Row" after several who had made their fortunes in lumber built their large and elaborate homes there. It remained a private street until it was revitalized and passed over to the city in 2001. Elsewhere in Hyde Park you can find everything from modest single family homes to small apartment buildings to "apartment hotels" that were very fashionable in 1910-1920s. Architecturally, the area has a wide variety of styles including Victorian, Colonial Revival, Craftsman, Prairie, Tudor and even a few modern homes.

Proceed to the iron gate located on the left end of the area, opening and passing through the gate to enter onto the grounds of the Notre Dame de Sion school, veering right onto the first asphalt drive and proceed across the grounds of the school to the next street, which is Locust. Turn left on Locust and proceed one-half block to the location of the Boys Scout memorial fountain. This monument was brought to Kansas City, from New York.

After leaving the memorial site, proceed left onto the fist roadway of Gilham and proceeding left along Harrison Parkway. This partway is one of the original parkways of Kansas City's parks and boulevard system designed by George Kessler for Kansas City around 1900 as part of Kansas City's contribution to the nation's City Beautiful Movement. Traverse along the parkway, taking note of the additional Hyde Park residences located on both sides of the parkway.

Years before the first houses appeared, the area that would become known as Hyde Park was a watering hole for travelers heading west. A stream and a cave with a natural spring made the area an ideal overnight spot for travelers. In modern years the cave was blocked and the spring diverted to the sewers under Harrison Boulevard, but its location is obvious from the curved walls surrounding the prone man sculpture to be seen on your left along Harrison Parkway. Gleed Terrace from Campbell to Charlotte is the only remaining section of the Independence-Westport Road, which later was called the Santa Fe Trail. As you approach the oncoming parkway triangle turn left onto Harrison St. walking past the fine homes located along Harrison St. Turn right on 36th St and proceed three blocks along 36th St. back to Jansen Place and your Walk Start.