

**This Health Walk was created for you by:  
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for  
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.  
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City  
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to [www.kcqic.org](http://www.kcqic.org)



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

**POINTS OF INTEREST:**

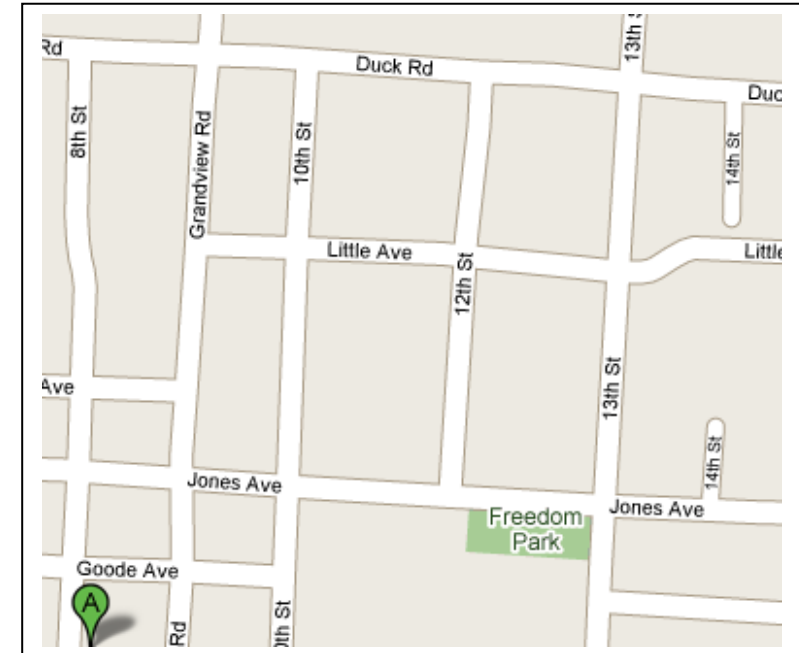
1. Grandview City Hall
2. Train Depot and Caboose
3. Freedom Park
4. Main Street

# Grandview Health Walk

**Kansas City, Kansas**

Length of this Health Walk \_\_\_\_\_ miles  
Estimated time to complete: \_\_\_\_\_ minutes  
Walk difficulty: ... Level \_\_\_\_\_

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE  
**Grandview Health Walk**

WALK START: Grandview City Hall (1200 Main Street, Grandview, Mo.)

**BY CAR:**

From 71 Hwy, travel north to the Grandview, Missouri exit. This puts you on Main St. Turn left at the Grandview City Hall.

Prefer SHORT  
DIRECTIONS?

Follow the **BOLD TYPE** and  
UNDERLINING

**Your Grandview Health Walk**

Grandview's history began as a modest farming community called Anderson District, so named in honor of John Anderson, the owner of the only general store in the area. In the late 1800s, the farmers and other residents of the area made a crucial decision in the development of our town-they were fed up with having to pick up their mail at the post office in Hickman's Mill, which was a full day's trip. They wanted their blossoming area to have a post office all of its own, but before they could request one from Washington, a name for the town had to be chosen.

Several names were submitted for the name of our town, but none seemed to fit. One fine day John Anderson called Solomon Young-President Truman's maternal grandfather-and Ervin Wallingford out onto the steps of his general store. Pointing out over the landscape, he declared to his friends, "Isn't that a grand view?" One of the men replied, "That's it! That's the name. Let's name the town Grandview." And so our town finally got its name...and a post office conveniently located in John Anderson's store on Fifth and Main Street.

During the early 1900s, a young Harry S. Truman spent nearly 14 years of his life on his family's beloved 600-acre farm in Grandview. During his time here Harry made quite an impact on the newly incorporated Village, organizing the Grandview Masonic Lodge #618, taking over the job of road overseer after his father's death in 1914, and serving on the local school board. Like the other early residents of Grandview, Harry also had a passion for the mail and served as postmaster of Grandview in 1915...though his love of letters may have been for reasons other than public service. From inside a small room in the Grandview farm home, Harry wrote letters to his sweetheart Bess Wallace, a girl he met during his school years in the nearby town of Independence. Their exchange continued while Harry served overseas as a Captain in World War I. In May of 1919 he returned home to Bess, and the couple married soon after on June 28, 1919 in Independence. Though he moved in with Bess and her widowed mother at that time, Harry kept his ties to Grandview. After he became the 33rd President of the United States, Harry S. Truman originally planned to build his Presidential Library in Grandview, though politics and events changed his plans and the "Truman Library" was eventually built in Independence. His family's home, now known as the Truman Farm Home, still stands in Grandview and is maintained by The National Park Service. Visitors come from across the country to see this piece of history, as well as that small room where Harry Truman gazed out over the rolling hills of Grandview, composing affectionate letters to his future wife.

Begin your Health Walk by parking next to the Grandview City Hall, located on your right at 1200 Main St. soon after you enter the town. Park toward the back of city hall. **Walk over to the Train Depot and Caboose located adjacent to Freedom Park (1215 Jones St.).** In 1912, Grandview became a railroad division point and terminal for Kansas City Southern. The new transportation source brought an influx of people into the town, and by 1929 Grandview had grown into a city of 700 residents. A landmark of our town's history, the original Depot remains in our town, located right next to Grandview City Hall adjacent to Freedom Park. Maintained by the Grandview Historical Society, the Depot Museum houses artifacts, displays, historical photographs, antiques, and the authentically furnished station agent's office. Plus, explore the Union Pacific caboose right outside the doors. **Proceed on Jones Rd. west for two blocks to Grandview Rd. Turn left on Grandview Rd. and walk to Main St. Turn right on Main St. and** traverse along the shops and businesses found there. **Proceed to 5th St.** From there, turn back and **walk on the other side of Main St. back to the Grandview City Hall (at 12th St.),** which will be located on your left back to your Walk Start.