

**This Health Walk was created for you by:
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to www.kcqic.org



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

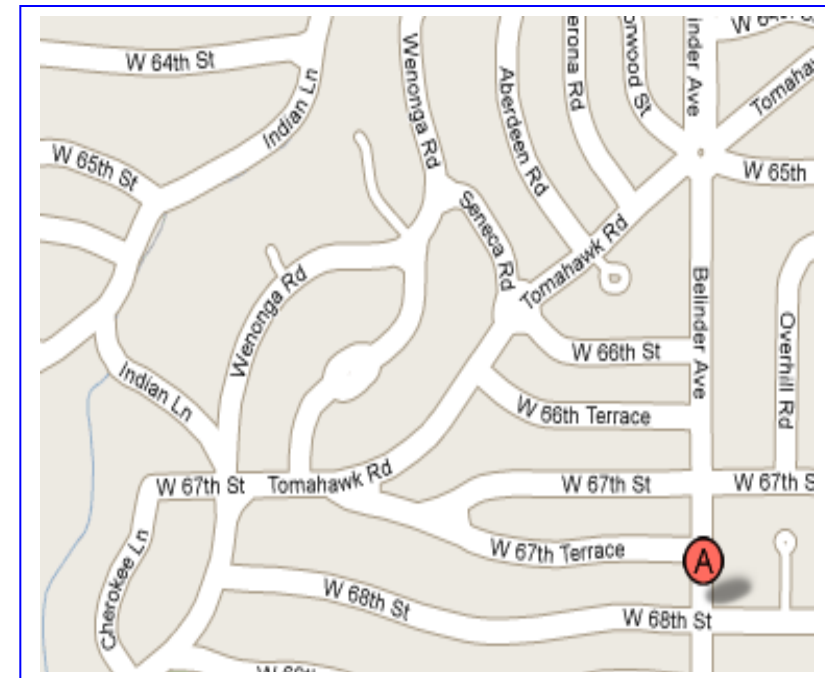
POINTS OF INTEREST:

1. Fairway Shopping Center
2. Old Fairway City Hall
3. University of Kansas Medical Center's Cancer Center and Medical Pavilion
4. St. Agnes Catholic Church
5. Shawnee Indian Mission Museum
6. Old Mission United Methodist Church
7. Shawnee Indian Mission Cemetery
8. Prairie Garden Vest Pocket Park

Fairway Fairway, Kansas

Length of this Health Walk 1.2 miles
Estimated time to complete: 30 minutes
Walk difficulty:... Level 2

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE **Fairway** Health Walk

WALK START: Begin your Health Walk in front of the Old Fairway City Hall, located At 4242 Belinder. It is within the Fairway Shopping Center located at the northeast portion of the Shawnee Mission Parkway and Belinder intersection.

BY BUS: Depart Transit Center Northbound Stop. **Bus** - 51 - Ward Parkway - Direction: 51 - Ward Parkway/88th & State Line. Arrive On Ward PKWY at 5330 Ward PKWY Southbound. **Walk** to Belinder Rd. (Head northwest on Ward Pkwy. Turn left at Shawnee Mission Pkwy/US-56. Turn right at Belinder Rd.)

BY CAR: This Health Walk is located off Shawnee Mission Pkwy, west of State Line Rd. in Kansas. Drive on Shawnee Mission Pkwy to Belinder and turn north.

Prefer SHORT DIRECTIONS?
Follow the **BOLD TYPE** and
UNDERLINING

Your Fairway Health Walk

Incorporated in 1949, the city of Fairway, Kansas is a small residential community in Northeast Johnson County. With nearly 4,000 residents and nearly 1800 homes and 100 businesses, Fairway is a small (1.1 square miles) city with a high **population density** (3,468.8 people per square mile); however you don't get the sense that there are a lot of people living in a very dense neighborhood. It feels more like visiting a perfect, picturesque residential community here in the heart of America.

To reach this Walk Start, proceed on Shawnee Mission Parkway (west of State Line Road) to Belinder. Turn north on Belinder and proceed one-half block onto the commercial drive entrance of the Fairway Shops on your left and park adjacent to the Fairway City Hall.

Begin your Health Walk in front of the Old Fairway City Hall, located At 4242 Belinder. It is within the Fairway Shopping Center located at the northeast portion of the Shawnee Mission Parkway and Belinder intersection. Fairway is one of the many Johnson

County cities that is a designated "Tree City USA" community. On your right across the street on Belinder, you will see one of the entrance to the University of Kansas Medical Center's Cancer Center and Medical Pavilion. **As you face the City Hall office, walk to the left along the shops and then turn right as the shops continue parallel to Shawnee Mission Parkway. This places you on the driveway that becomes 53rd St. as you pass the bank building that will be on your left.** This part of the walk, transitions from commercial buildings to the nearby residential stretch of 53rd. St. After you **proceed on 53rd. St for two blocks,** you will be approach the grounds of the St. Agnes Catholic Church. **The street marker at this intersection says Mission St. Veer left at this point,** which will allow you to continue **walking along 53rd St.**

This part of the walk, takes you past the buildings and grounds of the Shawnee Indian Mission Museum (located on both sides of 53rd. St.). In the 1820s and 1830s, Shawnee Indians, along with many other eastern tribes, were moved to present-day Kansas, after relinquishing their lands in the East. In July 1830 Chief Fish, leader of the Missouri Shawnees, requested a missionary through their Indian agent. A missionary society was formed in September 1830. Reverend Thomas Johnson, a Methodist minister, was appointed missionary to the Shawnees and his brother William, missionary to the Kansa tribe. A site was chosen where a branch of the Santa Fe Trail passed through the Shawnee lands. Building began, and the school opened at the present Johnson County location in October 1839. Indian children of many tribes were sent to this school to learn basic academics, manual arts, and agriculture. At the height of its activity, the mission was an establishment of more than two thousand acres with sixteen buildings, including the three large brick structures, which still stand, and an enrollment of nearly two hundred Indian boys and girls from the ages of five to 23. The manual training portion of the school's program ended in 1854. In 1858 Reverend Thomas Johnson turned the school over to his oldest son, Alexander, who ran the mission until it closed in 1862. After several months of legal battles, the mission property was deeded to the Johnson family and was owned by various individuals until the State of Kansas acquired it in 1927. Since that time it has been administered by the Kansas Historical Society.

As you approach the point where Mission St. continues, turn left and walk south to Shawnee Mission Parkway. Turn left on Shawnee Mission Parkway and proceed blocks. You will be passing by the Old Mission United Methodist Church on your right and beyond that the Shawnee Indian Mission Cemetery and the adjacent Prairie Garden vest pocket park (donated by the Grassland Heritage Foundation - 1999). **Turn left on Belinder and walk back the one-half block to the Fairway City Hall and your Walk Start.** .