

**This Health Walk was created for you by:  
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for  
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.  
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City  
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to [www.kcqic.org](http://www.kcqic.org)



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

**POINTS OF INTEREST:**

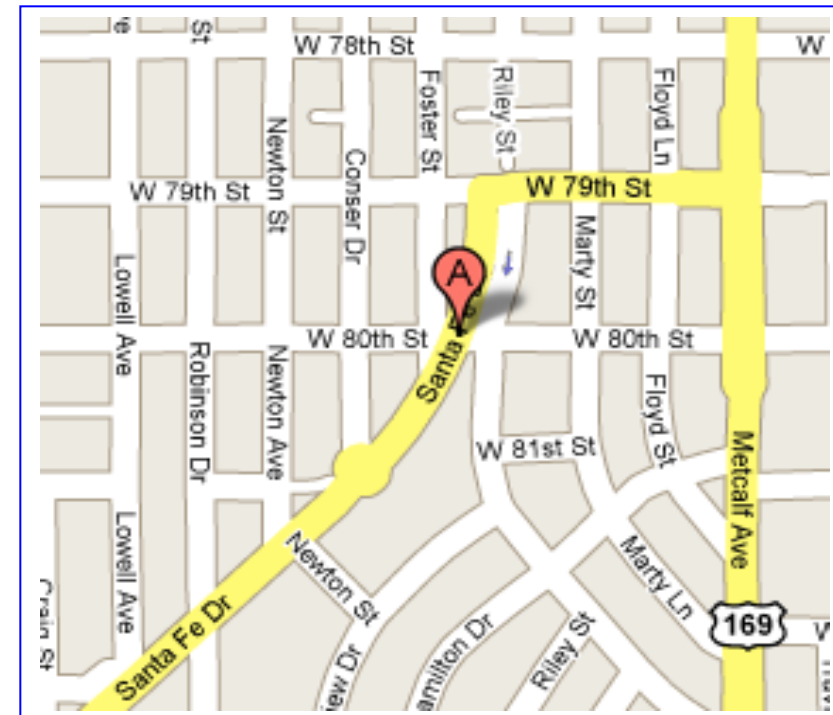
1. Clock Tower Plaza
2. Farmers' Market Pavilion
3. Limestone Car Barn
4. Rio Theater
5. Statue of William B. Strang Jr.
6. Santa Fe Commons Park
7. “Song of Tomorrow” Artwork
8. Carriage House/Overland Park Historical Society

# Downtown Overland Park

## Overland Park, Kansas

Length of this Health Walk 1.2 miles  
Estimated time to complete: 25 minutes  
Walk difficulty:... Level 1

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE  
**Downtown Overland Park**  
Health Walk

**WALK START:** From the Clock Tower located north of 80<sup>th</sup> St on Santa Fe. Dr. This places you adjacent to the entrance of the Overland Park Farmer's Market area.

**BY CAR:** From Metcalf, turn west on 80<sup>th</sup> St and proceed to Santa Fe. Dr. Turn right on Santa Fe Dr. and park near the Clock Tower found on your right.

**BY BUS:** Depart 10<sup>th</sup> and Main Transit Plaza Southbound on the JO Route N-151<sup>st</sup>/Downtown. Exit at 80<sup>th</sup> and Antioch. Proceed East on 80<sup>th</sup> St to Santa Fe.

**Your Overland Park Health  
Walk**

Prefer SHORT DIRECTIONS? Follow the **BOLD TYPE** and UNDERLINING

Overland Park traces its roots back to 1905, with the arrival of its founder, **William B. Strang Jr.**, who platted subdivisions along a military roadway on 600 acres he purchased that are now part of the old downtown area. Strang platted several subdivisions and named one "Overland Park." Many of his other subdivisions had "Overland" in their names as well. On **December 24, 1909** Strang sponsored the first airplane flight west of the Mississippi with shows by the Wright brothers. Before Strang's death in 1921, he established several housing developments, an interurban railroad and an airfield. Remnants from Strang's interurban line remain today.

The city was incorporated as a first-class city on **May 20, 1960**, making it one of the youngest communities in **Johnson County**. Prior to incorporation, Overland Park was part of the Mission Urban Township, which included the cities of Mission and Prairie Village. Overland Park is now the second most populous city in **Kansas**, with 72 square miles of land area. In 1996, the County Economic Research Institute ranked Overland Park number one among 13 AAA rated communities in the nation in a quality of life index.

In 2001, Overland Park was named the second-best city in America to live by "Business Development Outlook Magazine."

Today, Overland Park remains a nationally recognized city and has a thriving economy. This Health Walk takes you through this part of the city to experience where this community began. Downtown Overland Park's charming past and small town flavor remain, with its array of locally owned and operated shops, where you may experience the business owner, themselves serving your needs. Area services include eateries, antique shops, art and gift galleries, specialty shops, and assorted business services.

**Begin your Health Walk from the clock tower and adjacent Farmers Market area.** In the early 1990s, city officials focused their efforts on renovating the historic downtown area. The Clock Tower Plaza was dedicated and the Farmers' Market Pavilion was constructed. The area's seasonal Farmers Market is open Wednesdays from 7:30 am through sellout and Saturdays from 6:30am until sellout. This market offers the best of the best from local growers under the Farmers Market Pavilion. The area's "Clock Tower Series" provides entertainment for the entire family and is the perfect opportunity to bring lawn chairs and gather at this central point. **Facing Santa Fe Dr. walk to your right (north) on Santa Fe Dr. to 79<sup>th</sup> St.** As you reach 79th and Santa Fe Drive, you will see the building that was the limestone car barn for Strang's interurban railroad line. It is currently the site of a furniture store. **Turn right on 79<sup>th</sup> St and proceed to Floyd. St. Turn right on Floyd St. and walk to 80<sup>th</sup> St. Turn right on 80<sup>th</sup> St.** walking past the Rio Theater on your right. Walk **two blocks back to Santa Fe Dr. and turn left.** You will be walking past the statue of **William B. Strang Jr.** It was installed by the Overland Park Historical Society as part the city's centennial celebration.

**Walk to the roundabout where you will approach the Santa Fe Commons Park are on your left.** Santa Fe Commons Park contains 4 acres, tables, shelter, restrooms, drinking fountain, and parking. While there, take time to visit the artwork "Song of Tomorrow" of a boy seated on a rock as he holds his guitar, seemingly inviting others to join him in song. It was created by local artist Kwan Wu, a Chinese immigrant and resident of Overland Park. The "Carriage House" located at 8445 Santa Fe Drive in the Santa Fe Commons Park is the site of the Overland Park Historical Society. The building is open for tours during its hours of operation. After leaving the park, **walk to your right as you approach the roundabout and then turn right again as you reach Conser. St. Proceed down Conser until you return back to 80<sup>th</sup> St. Turn right on 80<sup>th</sup> and return back to Santa Fe. Dr. Turn left on Santa Fe Dr. and back to the clock tower and your Walk Start.**