

**This Health Walk was created for you by:
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to www.kcqic.org



This KC Kick it Up a Notch Health Walk Offers:

No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

POINTS OF INTEREST:

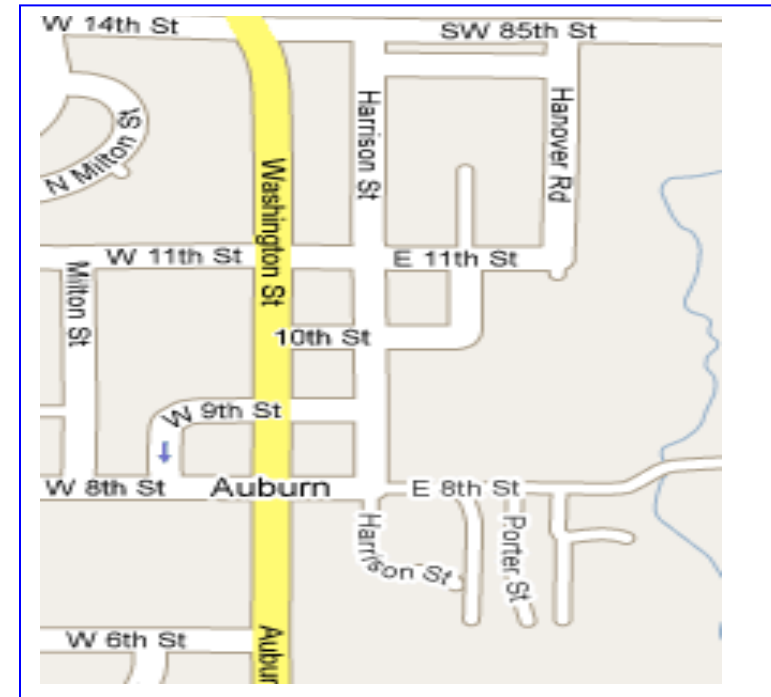
1. Evangelistic Center
2. West Height Residences
3. Westheight Street Lighting
4. Westheight Traffic Circles
5. Historical marker located on the second traffic circle
6. Wyandotte High School
7. Mark Twain School

Westheight Health Walk

Kansas City, Kansas

Length of this Health Walk 1.2 miles
Estimated time to complete: 30 minutes
Walk difficulty:... Level 3

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, poor/no sidewalks, complex, etc.)



GETTING TO THE

Westheight Health Walk

WALK START:

Start at 18th and Washington Blvd in Kansas City, KS.

Depart 10th & Main Transit CTR Diagonal Lane SE. **Bus** - 101 - Minnesota/State Ave - Direction: 101 - Minnesota/State to Village West Arrive On State Ave Between 11th and 12th WB. **Walk** to N 18th St & Washington Blvd. (Head west on State Ave/US-24 toward N 12th St, Turn right at N 12th St, Turn left at Washington Ave)

BY CAR:
Start at 18th and Washington Blvd. Park in the Evangelistic Center Parking Lot of their International Ministries building.

Prefer SHORT DIRECTIONS?
Follow the **BOLD TYPE** and UNDERLINING

Your Westheight Health Walk

Note the West height Neighborhood does not have any sidewalks along its streets, however those driving through this neighborhood are used to seeing persons walking through this historic Kansas City, Kansas neighborhood. The area is noted for its traffic circles, historic lighting and classic residences.

The first mention of the area that is now Westheight was in the Spring of 1844. The Wyandot Indians were newly arrived from Ohio, and in January at the urging of the Rev. Esquire Grey Eyes they began building a small log Methodist church near what is now 22nd and Washington Boulevard. Because of its distance from the Wyandot settlement, this church became known as the Church in the Wilderness. It was the first public structure to be erected by the Wyandot's in their new home.

In 1864, Kerr purchased 105½ acres in Wyandotte County from Jacob Whitecrow, a Wyandot, for just 33 and 1/3 dollars in gold. With this beginning, he bought, sold, and traded land until by 1887 the Kerr estate consisted of 380½ acres. West Height Manor began in 1915. Thus model subdivision was developed by Jesse A. Hoel, in partnership with Hawford Kerr. Planning and landscaping were by Hare and Hare, with many houses by architect Louis Curtiss. Both housing and planning form a notable example of the Midwestern progressive movement in architecture. The central portion of the neighborhood was entered on the National Register of Historic Places in 1975. At the time, it was only the second historic district in the State of Kansas to be so designated.

Start at 18th and Washington Blvd. Park in the Evangelistic Center Parking Lot of their International Ministries building. **Proceed** into the neighborhood **on Washington Blvd.** Taking note of the varied residential styles of homes located along the Boulevard as well as those found along the side streets breaking off from either side the Washington Blvd.

Note the Text from the Historical Marker, located on the second traffic circle on Washington Blvd. **Veer around to the left around the third circle (at Everett) to stay on Washington Blvd.**

Proceed on Washington Blvd. to Minnesota. This will place you in front of the Wyandotte County High School. Wyandotte High School was built in 1937 by the Kansas City, Kansas Board of Education as an area WPA (Works Projects Administration) project in the midst of the Great Depression. The high school still operates serving students today. The building and its campus became the immediate focus of civic pride, and it remains so to this day. The school has distinctive twin towers which have been given names - the West Tower represents knowledge and the East Tower represented character. The west represents a land of pioneers, eager and ambitious to achieve and acquire, and they were true pioneers in arts and sciences as well as many newer branches of learning. The east suggests maturity, stability of character, refinement, culture and inspiration." It is listed on the National Register of Historic Places. Prior to the school's construction, the site was a golf course.

Turn Left on Minnesota and proceed 24th. Street. Turn left on 24th and proceed three blocks back into the West Height neighborhood and Washington Blvd. Turn right on Washington Blvd. and proceed back to your Walk Start location at 18th St.

* The town was incorporated with the spelling *Wyandott*, though the name of the tribe has never had more than one *t*. Later, the French form of the name, *Wyandotte*, was adopted for the city and county, and is now the general use by the inhabitants, the press, and other authorities in the State of Kansas and elsewhere.