

**This Health Walk was created for you by:
The Kansas City Quality Improvement Consortium—KCQIC...**

Our initials have inspired our healthy lifestyles motto “KC Kick it Up a Notch!” Its invitation to active wellness defines the Health Walk Project.

The project is only one part of the multi-year Healthy Lifestyles initiative to promote and support fine health through healthy choices, including: moderate exercise, proper nutrition and freedom from tobacco use.

When you participate in the Health Walk program, you encourage:

**BETTER HEALTH for
YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.
CONGRATULATIONS!**

The KCQIC Health Walk Project is funded by:

The Health Care Foundation of Greater Kansas City
as part of its Healthy Lifestyles initiative



Use this and other Health Walks to support your active lifestyle and maximize your personal physical fitness. “Kick it Up a Notch!” We can all practice better health and health care, together.

For more Health Walks in the Greater Kansas City, bi-state area, go to www.kcqic.org



This KC Kick it Up a Notch Health Walk Offers:

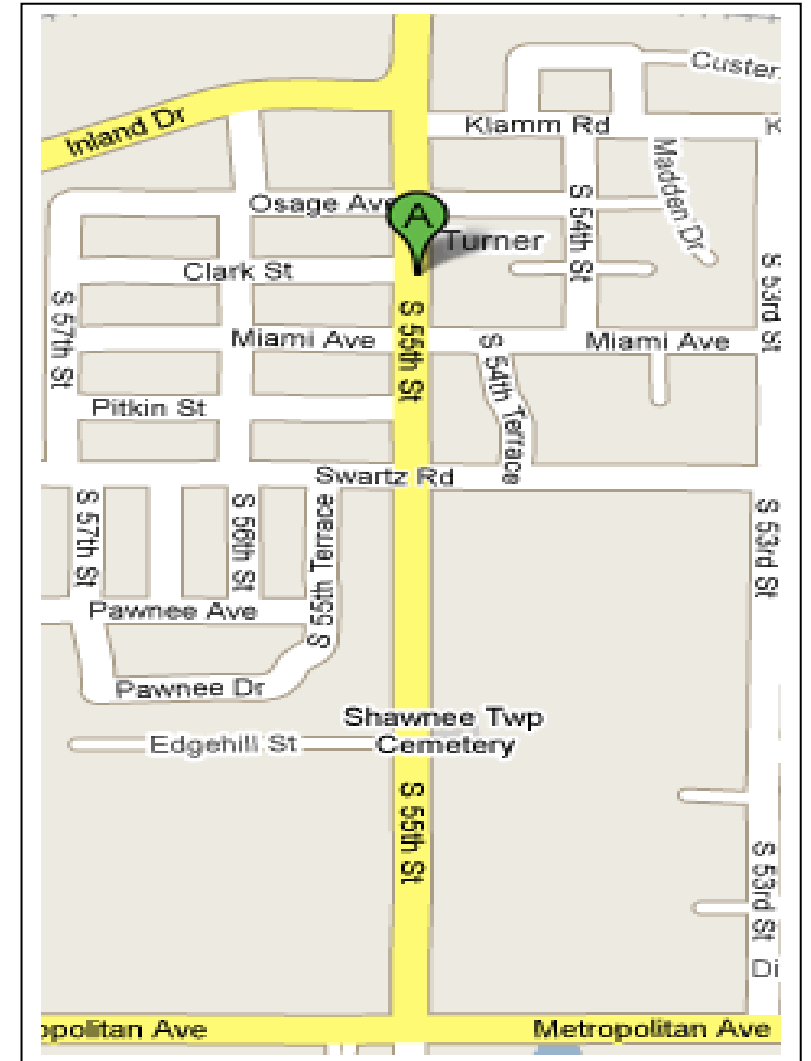
No facilities within the Health Walk area.

Bring water, cell phone, a walking companion (if possible) and sunscreen (even when cloudy).

Think safety!

POINTS OF INTEREST:

Turner Health Walk Kansas City, Kansas



GETTING TO THE Turner Health Walk

WALK START: Turner Recreation Center's Arthur C. Waugh Recreational Center at 837 S. 55th across from Turner School District Administrative Office

BY CAR: Out of downtown take 70W/US-40 to exit 419 to merge onto 635 S. Exit 2b – Schwartz Rd. Turn Right, turn right at S 53rd St, Left on Miami Ave, Right at S54th St. Left at Clark Street.

Length Health Walk 1.1 miles
Estimated complete: 30 mins
Walk difficulty:... Level 1

(Walking Difficulty Range: "1" = smooth, simple to "5" = hilly, irregular, poor/no sidewalks, complex, etc.)

BY BUS: Depart 10th & Main Transit CTR Diagonal Lane SE. **Bus** - 106 - Quindaro - Direction: 106 - Quindaro/47th & State Ave. Arrive On 6th at Ann Southbound. **Bus** - 115k - Kansas Avenue - Direction: Outbound. Walk to 831 S 55th St (Head south on S 51st St toward Kansas Ave/KS-32. Turn right at Kansas Ave/KS-32 Continue to follow KS-32, Turn left at S 55th St.)

Your Turner Health Walk

Prefer **SHORT DIRECTIONS?**
Follow the **BOLD TYPE** and **UNDERLINING**

Turner owes its development to the arrival of the Santa Fe Railroad in 1875. The town of Turner was officially founded in 1881, by establishing a general store, an ice house, and a small manufacturing business in a corner of an area farm. Soon the unincorporated town had a livery stable and a grocery store. Prior to that time the area was referred to as the Town of Farmer. By 1910, Turner had a population of 200 with a school, a post office, several stores, express and telegraph facilities, and a small depot. The first businesses and much of the original town developed on the south side of what is now known as 55th and Kansas Avenue. The train station's circular platform stood at 55th street (which was Turner's main downtown area). The name is rumored to have originated because the railroad had a roundabout turner for the cars in the location. The phrase about taking the train to the location an "turn her around" (or "turn 'er around") became shortened after many years of referencing the location.

Wyandotte - Johnson County border to the Kansas River north-south, and from I-635 to I-435 east-west. Around 1966, Kansas City, Kansas, annexed Turner but the community retains its own distinct flavor and personality. Before annexation, 55th Street was known as "Turner Avenue." From the larger railroad yard area, the railroad cars would be turned around at the Farmer train platform. Farmer train station's circular platform stood at 55th street (the exact location along 55th St. has not been identified). The Parts of Turner were hit in the Great Flood of 1951 and the flood resulted in the "Highland" community being built, up from the lower areas of the river. In the mid-60's, Kansas City, Kansas, annexed Turner but the community retains its own distinct flavor and personality.

Park at the lot for the Turner Recreation Center's Arthur C. Waugh Recreational Center located 831 S. 55th Street, located across the street from the Turner School District Administrative Offices (which is the old grade school). Facing the District Administrative Offices, turn right on 55th St. and proceed one block to Inland Dr. where you will find the First Baptist Church of Turner, an all stone exterior structure, on your right and across the street, the Welcome to Turner Sign and entry lot (maintained by the Raytown Lion's Club). Founded during the 1860's the church was originally called the Mountain Grove Baptist Church, and later renamed the First Baptist Church of Turner and moved to its present location.

Proceed back on 55th St. walking on the north side of the street, passing by the District Administrative Building on your right and the Shawnee Township Cemetery, located across the street near Edgehill St. The cemetery, which includes about 30 graves, including native Indians from the area, is also maintained by the Turner Lion's Club. You will be passing an assorted selection of commercial shops and store located on 55th St. as well as the Turner Middle School

Proceed on 55th St. until you get to Metropolitan Ave. Note the all-stone exterior building of the City # 16 Fire Station serving the local area. Turn around and head back on 55th St. as you arrive back at the Middle School, take a moment to walk the grounds of the school, especially the fields behind the school. This served as the district's high school until the new high school complex opened. It's also located off 55th street west of Metropolitan St.(2211 S. 55th St) just beyond Pierson Park (located at 1800 South 55th Street), a 125 acre park, with a 12 acre lake, 3 shelter houses and the Pierson Community Center. After walking the grounds of the Middle School, return to 55th St. and head back to your Walk Start.